

Take Home

ACTIVITY BAGS

what's in
your bag?



**Looking for a way to help families unplug from screens?
Try creating Take Home Activity Bags!**

1. **Create Take Home Activity Bags or Boxes.** Fill a bag or box with new and different activities for kids and families to do at home as an alternative to screen time. Include special items that kids don't have access to every day. You want to provide desirable items that the kids want!
2. **Advertise to families.** Let families know that kids may "check out" an Activity Bag for the evening as an alternative to screen time. Consider adding the sentence below to parent newsletters.

"Attention Families! We now provide Take Home Activity Bags available to check out overnight for a fun alternative to screen time! If you'd like to have a screen-free evening, contact ____."

3. **Develop a check-out system.** Who will be responsible for the bags? How long will parents be allowed to borrow them for? How will you handle any lost or broken items?
4. **Keep the bags updated.** Use fun and exciting toys and activities!

floor puzzles • board games • activity dice • snow block makers • directions and supplies for special arts and crafts • jump ropes • animal tracks book •



Idea originally developed by West School in Portland.

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